



**Conyngham United Methodist Church**  
**PO Box AB, 411 Main Street,**  
**Conyngham, PA 18219**  
**570-788-3960**  
**conynghamumc@ptd.net**  
**www.conynghamumc.org**  
**August 2021**

Hello church family!

I hope you all are doing well. You know, despite many of us finally be able to have more freedom now that summer is here, I think we are all still kind of tired from COVID. I don't know about you but much of this pandemic still feels like it's affecting me. Like I'm still so tired of it all even though things are getting better. It's good to remember that even though things have begun to open again we are still in need of rest from all this stress and trauma.

That's where Jesus' words for us this month come in. Jesus is saying to us "Come to me, all you who are struggling hard and carrying heavy loads, and I will give you rest. Put on my yoke, and learn from me. I'm gentle and humble. And you will find rest for yourselves. My yoke is easy to bear, and my burden is light" (Matthew 11:28-30 CEB).

This scripture teaches us something really important. We really need to rest! All of us because of COVID, and sickness, and jobs, and school, and life in general, are feeling like we're carrying heavy burdens. We all are still struggling hard sometimes, even though things are getting better. And even after everything ends, we might still feel like this for a while. That is because all of this stress and pain from the pandemic, and from life, builds up in us. And it doesn't necessarily leave us when things stop. All this stress causes a bunch of little traumas that can stay with us for a while. And the only way to get rid of it all is to rest.

Thankfully, here in this scripture Jesus is teaching us how to rest. He says resting is like putting on a yoke. That's a farming tool that was attached to oxen and horses so they could pull a plough to plough fields. Some yokes could even weigh up to a ton! That doesn't sound very restful, it sounds exhausting! Yet Jesus talks about putting on a yoke like it is easy, and restful, and will help us to feel light. That's because resting isn't about doing absolutely nothing. Sure, some if it can be about sitting around in front of a TV, but to really feel rested we need to be doing something. Resting and relaxing aren't always the same thing. That's why Jesus talks about rest like it's work. Because in a way, it is.

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The goal of rest is what is called resilience. That's the ability to recover from all this trauma and stress. And in order to get it we have to do work. Rest doesn't come automatically when we stop doing things. We have to work at it. We have to be intentional about doing things that make our minds, bodies, and souls feel like they are being recharged.

So, this August, I invite you to take on the yoke that Jesus has for you. Go and do some restful work! Go to the gym or the spa and help your body feel rested. Take a day off where you don't even think about work. Find an activity you like and make some time in your day for it. I love cooking so I plan to make some feasts! Make more time to see your friends and family. And make sure to feed your soul. Come to church, pray, read your Bible, and find some things that might help you feel closer to God! We have plenty of opportunities at church this August, like the church picnic, rummage sale, movie nights, and more! We need to take care of our bodies, minds, and souls to really get the rest that Jesus wants for us!

I'm praying that this August you will all find rest and resilience,  
Pastor Graham Truscott



# Lectionary

## **01—August**

### **10th Sunday after Pentecost**

2 Samuel 11:26-12:13a

Psalms 51:1-12 (UMH 785)

Ephesians 4:1-16

John 6:24-35

## **08—August**

### **11th Sunday after Pentecost**

2 Samuel 18:5-9, 15, 31-33

Psalms 130 (UMH 848)

Ephesians 4:25-5:2

John 6:35, 41-51

## **15—August**

### **12th Sunday after Pentecost**

1 Kings 2:10-12, 3:3-14

Psalms 111 (UMH 832)

Ephesians 6:10-20

John 6:56-69

## **22—August**

### **13th Sunday after Pentecost**

1 Kings 8:(1, 6, 10-11) 22-30, 41-43

Psalms 84 (UMH 804)

Ephesians 6:10-20

John 6:56-69

## **29—August**

### **14th Sunday after Pentecost**

Song of Solomon 2:8-13

Psalms 45:1-2, 6-9 or Psalms 72 (UMH 795)

James 1:17-27

Mark 7:1-8, 14-15, 21-23



## **Valley Interfaith Council Prayer List**

Please pray for the following in your daily devotions.

Ron Eckrote, Pat Derr, Pastor Sandy Murphy, Valley Food Pantry Families, Irene Miller, Judy Younker, Connie Hofmann, Nancy Cromley, Irene Healey, Gil Bittenbender, Bev Hilliard, John Homa, Sandy Houseman, Maxine and Bill Magill, Kayla Baucum, Larry Sims, Steve Janso and Tony Tier.

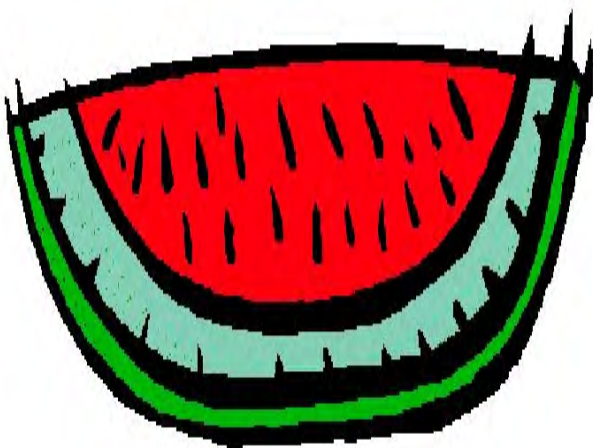
Please pray daily for your church, its leaders and staff, Pastor Graham Truscott, the Red Bird Mission Clinic, the Red Bird Mission School, the Salvation Army, United Children's Homes, Rev. Joanne Young of the Hazleton Enlarged Ministry and the Hazleton/Valley Mission Connection. Also, pray for the leaders of our country and military personnel.

## August Birthdays

01-Aug Bruce Hilliard  
04-Aug Sloane Hughes  
06-Aug Thomas Burns  
06-Aug Josh Flaim  
10-Aug Bryce Radzwich  
10-Aug Malcolm Wiley  
11-Aug Laura Schuetz  
14-Aug Kathryn Healey  
17-Aug Brennan Malenovitch  
18-Aug Jonathan DeBalko  
19-Aug Richard Piacenti  
19-Aug Eric Legg  
19-Aug Dorothy Wellington  
23-Aug Cody Bannon  
28-Aug Mia Cundro  
28-Aug Rena Bicking  
30-Aug Tamara Huey  
31-Aug Christine Hilliard

## August Anniversaries

08 Aug Robert and Sharon Kalinchok



## September Birthdays

09/05 Ingemar Dalstad  
09/10 Gary Skuba  
09/11 Jessica Washick  
09/13 Haley Yost  
09/14 Heidi Klein  
09/16 Billie Shaffer  
09/21 Alexandria Lilley  
09/22 Sally Kijanka  
09/23 Carl Flaim  
09/24 Thomas Wiley  
09/28 Eamon Wiley  
09/29 Robert Kalinchok

## September Anniversaries

09/06 Dr. Robert and Rita Washick  
09/12 Rodney and Jill Hawk  
09/30 Jay and Julie Morgan

## August Flowers



*August 01 The Worship Committee will provide flowers for our Worship and Picnic in the park.*

*August 08 Open*

*August 15 The Cara Family will give a donation to the General Fund.*

*August 22 Pamela Croughn will have flowers in memory of her sister, Debi Hunter.*

*August 29 The Cara Family will give a donation to the General Fund in honor of Tamara's Birthday.*



**Conyngham Valley Historical Society:** Will host Summer Concert at the Gazebo on **Sunday, August 1<sup>st</sup>**. The concert will feature **The Freeland Brass**, which is a group of local musicians, they play a wide range of musical selections for all. Concert begins @ **6:00 pm** and is free and open to the public. Bring a blanket or a chair and enjoy an evening of great music. Free will collection will be taken to benefit the mission and museum of CVHS.

**Vacation Bible School:** Saint John's Evangelical Lutheran Church is inviting children ages 3-5<sup>th</sup> grade to vacation bible school **August 2-6** from 9:00am until noon. You can call the church office @ 570-788-2685 to register.

Christ Evangelical Lutheran Church will host "The Jesus Way". **August 9-13** from 9:00am until noon. Age 4 through just completing 4<sup>th</sup> grade are welcome. Forms are available in the church office.

## NEWS FROM THE PEWS



**JOIN US!**  
**SUNDAY, AUGUST 1ST**  
**10:30 AM**  
**WHISPERING WILLOW**  
**PARK**

Worship in the park will begin at 10:30 AM. Bring a chair if you wish. Potluck lunch right after worship, bring your favorite dish to share. The church will provide paper products and drinks. Invite your neighbors to join us as well!



### Rummage Sale

Yes, we are having a Rummage Sale this year!! So many of you have been asking if we are and the date has been set. Mark your calendar for **August 6<sup>th</sup> and 7<sup>th</sup>**. Help is needed to sort and set up on Tuesday, Wednesday and Thursday (August 3, 4, and 5). Help at the sale on Friday, August 6 from 9-1 and 1-6. Help at the sale on Saturday, August 7 from 8-1. We will need some men to help pack at 1:00 possible with trucks. There is a sign-up sheet in the social hall, or you can call the church office.

**\*\*\*You may bring your donated items to the church the week before the sale.**



COUNT YOUR  
**BLESSINGS.**  
NAME THEM ONE BY ONE.  
COUNT YOUR  
**MANY BLESSINGS**  
SEE WHAT **GOD** HAS DONE.



**Movie Night(s) at the Park:** CUMC along with Conyngham Parks and Recreation will be hosting a family movie night. On **Friday, August 13<sup>th</sup>** we will be showing **Evan Almighty** and **Friday, August 27<sup>th</sup>** it will be **Inside Out**. Both at starting around 8:00 PM. Mark your calendar, bring your blankets and camp chairs, invite your friends and neighbors!!! You won't want to miss it!



**Interfaith Youth Group:** All youth are invited to worship together at **Whispering Willow Park** on **Thursday, August 19<sup>th</sup> at 6:30 pm**. All local churches are invited to attend. Bring your friends for a great night of worship and fellowship!

**Help Needed:** The Food Pantry at Brandon's Forever Home is in desperate need of volunteers to help serve Foster Families in the Hazleton Area. They need volunteers for **Wednesdays anytime between 9-5**. Let's get those families some help!!! Anyone interested in volunteering can call them at either 570-599-8BFH, 570-497-4849 or [BFHinfo@ptd.net](mailto:BFHinfo@ptd.net). Or, you can talk to Pastor Graham.

The next discipleship workshop will be **Sunday August 22 at 12 after coffee hour**. It will be called "**Holy Conversations**" and will be about having deeper fellowship with other Christians and especially members of our church family. We'll learn and practice the old, old Methodist practice of speaking about how it is with our souls. If you haven't done this before I really recommend coming and trying it out (maybe bring a friend too). It's something that has always been life giving to me! Pastor Graham





**Boscov's Friends Helping Friends Discount Coupons** Purchase your Boscov's coupon now to receive a discount off your purchases on October 20<sup>th</sup>. Sell them to your friends, buy them as gifts. The coupon is good for 25% off most goods but there are some exceptions. See Paula Piacenti or Heidi in the church office for the \$5.00 coupon that is good at all Boscov's stores.

**\*\*\*\*\*Our Goal is to sell 100 tickets!**

### New Boiler Fund

To increase our funds for emergency boiler repairs and potential replacement, Church Council and Trustees created a "New Boiler Fund". The purpose of the fund is to have money set aside to help offset the cost of emergency repairs or possible boiler replacement. A new boiler can cost approximately \$10,000. Contributing is easy, the new boiler fund has been added to your monthly envelopes, or donate through the GivePlus App (see instructions here in our newsletter). We thank everyone in advance for helping with this fund. Every little bit helps!

Chris G. and the Trustees

### REPORT FROM MISSION COMMITTEE

Early this month, Pastor and I had the opportunity to meet with Jill from the United Boys Home in West Hazleton. This organization is one of our Mission recipients and it was a humbling experience to actually see what they do and what an asset they are to the community.

Jill has worked there for 20+ years and she and her staff treat these boys like family. We had the opportunity to chat with some of the young men and were truly impressed with their kindness and attitudes. They all attend school, have good grades, are involved with sports and go out into the community to help others. Every two weeks they have a food drive in their back parking lot and some of the kids help distribute the food.

Your envelope donations for missions, help support this worthwhile organization.

Beverly Selby

**You can now make contributions to our church through a mobile app!** To get started, download **GivePlus Church** for free from the App Store or Google Play. Simply search for "GivePlus Church" to quickly find and download the app today. Find our church by zip code 18219 or by searching for our church name. Then you can easily make donations directly from your smartphone using your debit/credit card or checking/savings account. We hope you enjoy this new way to contribute to our ministry and thank you for your continued support.





# Rally Day

## September 12th

More Details soon

### Help Needed:

The Food Pantry at Brandon's Forever Home is in desperate need of volunteers to help serve Foster Families in the Hazleton Area.

They need volunteers for **Wednesdays anytime between 9-5**. Let's get those families some help!!! Anyone interested in volunteering can call them at either 570-599-8BFH, 570-497-4849 or [BFHinfo@ptd.net](mailto:BFHinfo@ptd.net). Or, you can talk to Pastor Graham.

### OUR SOCIAL HALL IS AVAILABLE!

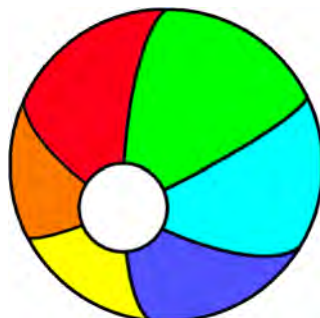
Our Social Hall is available for events such as Showers, Birthday Parties, Etc. Please contact the church office for more information or to reserve a date! 570-788-3960.

A mail slot has been added to the main door going into the Social Hall. Please feel free to safely drop off your offering, forms, etc.

# POOL Party

On the night of July 13th we held a Swim/Float Party at the CVCO Pool. We prayed all day that the weather would hold out and guess what, our prayers were answered because it was a beautiful night!

We had pizza and some of Kate Flaim's famous brownies! There was diving, swimming and lots of floating. We had a chance to catch up with old friends and chat with new ones. **In case you missed it, we are doing this again, on August 24th! I hope you can join us that night starting at 5:00 pm.** All youth 14 and under will be paid for by the church. All others, the cost is \$7.00 per person.





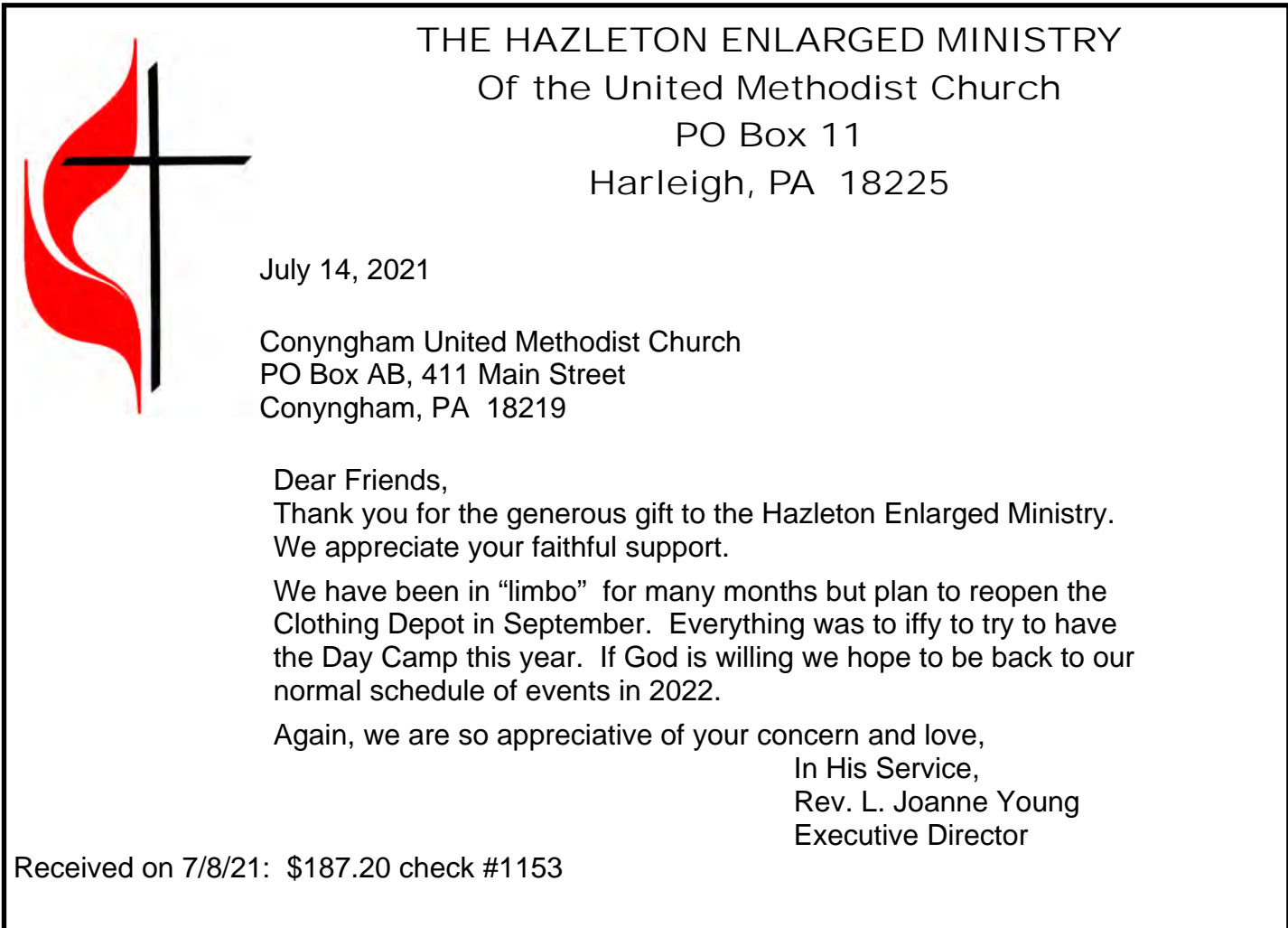
# THANK YOU

July 13, 2021

Dear CUMC Missions Committee,

Thanks you again for your generosity this past quarter! The \$187.20 will be used wisely to purchase needed food and even dairy products for our valley families in need of food.

Blessings,  
Valley Food Pantry Volunteers



## THE HAZLETON ENLARGED MINISTRY Of the United Methodist Church PO Box 11 Harleigh, PA 18225

July 14, 2021

Conyngam United Methodist Church  
PO Box AB, 411 Main Street  
Conyngam, PA 18219

Dear Friends,  
Thank you for the generous gift to the Hazleton Enlarged Ministry.  
We appreciate your faithful support.

We have been in "limbo" for many months but plan to reopen the Clothing Depot in September. Everything was to iffy to try to have the Day Camp this year. If God is willing we hope to be back to our normal schedule of events in 2022.

Again, we are so appreciative of your concern and love,  
In His Service,  
Rev. L. Joanne Young  
Executive Director

Received on 7/8/21: \$187.20 check #1153

# August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30am Worship Service and Picnic in the Park	2	3	4	5	6 9:00am Rummage Sale	7 9:00am Rummage Sale
8 10:30am Worship Service	9 9:00am Vacation Bible School @ Lutheran Church	10	11	12	13 8:00pm Movie Night at the Park	14
15 10:30am Worship Service 12:00pm Discipleship Workshop	16	17 6:30pm Church Council Meeting	18	19 6:30pm Interfaith Kids Group	20	21 2:00pm Private Event in Social Hall
22 10:30am Worship Service	23	24 5:00pm Swim/Float Pool Party	25	26	27 8:00pm Movie Night at the Park	28
29 10:30am Worship Service 12:00pm Jacque Wetzel Memorial Service	30	31				

# The Conyngham United Methodist Church

## Inspiring People to Love and Serve God

Pastor: Graham Truscott  
Lay Leader: Kate Flaim  
Sunday School Superintendent: Sunday School Worship Team  
Secretary: Heidi Klein

### Vision Statement

Conyngham United Methodist Church is a Christ centered, warm and caring congregation which welcomes, nurtures, and equips people to follow Jesus Christ. As servants of the Gospel, we value the essentials of Holy Scripture, joyful praise, prayer and worship and developing personal faith in Jesus Christ. We accomplish this through a dynamic musical ministry, exciting youth programs, inspiring young adult and adult programs, fellowship of small groups, outreach to the community, strength through personal support, and the shared ministry of our laity and its pastor. We realize all this by being a church where God's Holy Word is a source of nourishment and strength.

You are cordially invited to worship with us.  
Our Worship Service begins at 10:30 am  
[conynghamumc@ptd.net](mailto:conynghamumc@ptd.net)  
[www.conynghamumc.org](http://www.conynghamumc.org)  
570-788-3960, 570-788-4887